

# American Council on Exercise®

This certificate attests that

## Deborah A Kulmer

has met all the requirements of the American Council on Exercise to lead and instruct group exercise to healthy persons who have no apparent physical limitations or special medical needs.



### Certified Group Fitness Instructor



Col. Ed Sod  
CHIEF SCIENCE OFFICER



Certified since 1991  
02/28/2013

VALID THROUGH

NCCA Accredited 